

CAREER CATALYST



6-WORKSHOP SERIES TO CULTIVATE EFFECTIVENESS & IMPACT

1

RESILIENCE AND ADAPTABILITY

Embrace change as an opportunity for growth and get equipped with resilience strategies for navigating challenges with confidence in today's ever-evolving professional world.

2

EMOTIONAL INTELLIGENCE IN ACTION

Elevate your presence through emotional intelligence mastery, fostering self-awareness, empathy, and influence in order to make thoughtful, impactful connection in every career scenario.

3

MINDFUL DECISION-MAKING

Broaden strategic thinking with diverse decision-making models and data-driven approaches, empowering students to make informed choices with clear, measurable outcomes for lasting success.

4

CONSCIOUS LEADERSHIP

Foster conscious leadership through mindful practices, energy observation, and emotional intelligence, enabling students to inspire others, communicate effectively, and drive inclusive decision-making in diverse professional settings.

5

EFFECTIVE COMMUNICATION

Strengthen workplace relationships with active listening, feedback, and other clear communication strategies and collaborative practices, empowering students to engage, connect, and innovate for impactful communication results.

6

WORKING GENIUS ASSESSMENT & DEBRIEF

Discover your individual strengths through the Working Genius Assessment, empowering students to leverage their innate talents, optimize teamwork, and drive peak performance in collaborative environments.